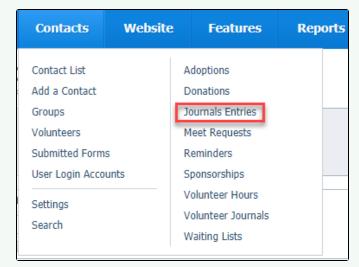# _Using_contact_journals_Intro_v1

You can add journal entries to a contact's information to keep track of such things as phone calls to and from, informational mailings to them, complaints, or whether the adoption is successful or has issues.

Where do I find it?

You can see all journal entries for all contacts by clicking **Contacts > Journal Entries**.

You can see all Journal entries for a specific contact by clicking **Journal Entries** at the top of the contact's page. You can also select the contact from the list of all contacts that you obtained above.

NOTE:

The journal entries for contacts looks very similar to journal entries for volunteers, but these features are different. You can access **Volunteer Journals** by selecting **Volunteer Journals** from the **Contacts** menu (see screenshot above). Journal entries for volunteers describe what the volunteer is doing, or interactions with or about a particular volunteer. The contacts journal keeps track of interactions with contacts by a volunteer.